Mumps is the most common cause of orchitis

Posted by acatherine - 2013/11/28 15:06

Orchitis is the inflammation of the testicles. It can be caused by either bacterial or viral infection. Getting the right diagnosis and treatment for orchitis caused by bacteria can usually preserve the normal testicle function.

Though the causes of orchitis could be various, the most common cause of orchitis is the mumps. Mumps is a viral childhood disease that is rare due to effective immunization programs. The Wuhan Dr. Lee’s TCM Clinic estimates that 33 percent of men who contract mumps as a teen also develop orchitis. Viral orchitis related to mumps develops anywhere from four to 10 days after the salivary glands swell (a symptom of mumps).

In addition, bacterial infection can also lead to orchitis in males. Urinary tract infections and sexually transmitted infections (STI) such as gonorrhea, chlamydia, and a related condition called epididymitis can result in orchitis, too. Epididymitis is the inflammation of the epididymis. This is the tube in which sperm is stored that connects the testicles with the vas deferens.

Some risk factors are the causes of orchitis such as high-risk sexual behaviors, multiple sexual partners, personal history of gonorrhea or another STD and sexual partner with a diagnosed STD.

Treatment for orchitis is various. Herbal medicine could be best. Diuretic and Anti-inflammatory Pill is a good herbal treatment for orchitis. In Diuretic and Anti-inflammatory Pill, materials such as polygonum aviculare, dianthus superbus, talc and plantago can clear heat and promot diuresis. Houttuynia can clear toxic materials. Safflower is able to promote blood circulation. There are also various pure herbs which can help patients improve physical conditioning in the medicine. In general, sufferers can recover in three months.
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