

## Something you should be pay attention to about endometriosis

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Endometriosis may be a illness that may bring many signs to women. Females not simply will have substantial menstruation bleeding and heavy problems, and also sterility. Considering that endometriosis is such a dangerous, lots of individuals need to know what can cause endometriosis?

According to Dr. Lee, the chief doctor from Wuhan Dr. Lee's TCM clinic, here are 4 common causes that ladies must pay attention to.

First of all, bad individual hygiene while in menses

All women has menses and that is common for women. Lots of women pay little attention to the hygiene of menses. Most of women still do substantial work while in menses, consuming cold and spices, and touch cool water and so forth. All the circumstances are undesirable habits thats liable to bring awful consequence to ladies. In accordance with an information provided by wellness center of HuBei province, near 50% women with bad monthly hygiene have endometriosis.

Second of all, sexual activity throughout menses

Having intercourse during menses could cause upstream of monthly blood, providing endometriosis to women. While having sex, the constriction of uterus will make the monthly blood flow upward, thereby the fragment of uterus can distribute to other regions outside of the uterus with all the upward menstrual blood.

Thirdly, gynecological operation

gynecological operation is a vital source of endometriosis. These operations like abortion, miscarriage, delivery may bring endometrial cells towards the injury of surgical procedure, causing endometriosis.

These ladies who have numerous miscarriages will be easy to acquire endometriosis, since fragment of endometrial cells might go into pelvic cavity by means of blood.

The very last but not the least: poor immunity system

Vulnerable immunity system still is an important factor of endometriosis. Actually, many females have endometrial cells on pelvic cavity, but only near 50% women could affect endometriosis, considering that the ectopic endometrial cells are generally consumed by immunity system, therefore if the immunity system is weak, the ectopic endometrial cells can't be consumed by white blood cells.

Now you may have learned what may cause endometriosis to ladies, as a consequence, ladies can stop this ailment by far away from the four bad habits. If you are the female who actually have had endometriosis, please don't bother about it too much, as this illness can be cured by fuyan pill within three months.

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