

## An Introduction to Watch Winders

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Automatic watches, otherwise known as self-winding mechanical watches, often need a watch winder to run appropriately. In order to properly wind itself, automatic watches need to be worn consistently because they rely on a mechanical weight inside of the watch. Wearing the watch causes the weight to sway back and forth causing it to wind itself.

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is not worn for a period of time or only worn sporadically, the mechanism will not wind, therefore causing the watch to run down. Nearly all automatically winding watches can be wound manually but most people find this very inconvenient. Watch winders were created to keep automatic winding watches functioning properly when not worn. The watch winder is a device that holds one or multiple watches and rotates them to simulate human motion. Since automatic watches were designed to self-wind based on the mechanical weight, watch winders were created so that even if not worn regularly, automatic watches will keep time and stay running for an indefinite period. Prices for watch winders can vary greatly but often run into thousands of dollars. Since watch winders are generally considered a convenience device, many people do not purchase them for their normal everyday watches. Many collectors and watch enthusiasts choose to purchase watch winders to keep their collectable or beloved pieces working properly. Experts say that if you have a watch that you rarely wear, it may be best to simply wind it every few weeks and let it run down. If you have a special watch that you wear often, but not all-of-the-time, a watch winder may be a very convenient product to own. With a watch winder you can be sure that your watch is running smoothly and accurately at all times even if you need to wear it on the spur of the moment.

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