

## How to treat chronic prostatitis symptoms

Posted by acatherine - 2013/11/21 14:27

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Chronic nonbacterial prostatitis or chronic prostatitis/chronic pelvic pain syndrome (CP/CPPS) is a pelvic pain condition in men, and should be distinguished from other forms of prostatitis such as chronic bacterial prostatitis and acute bacterial prostatitis. This condition was formerly known as prostatodynia (painful prostate). Actually, chronic prostatitis is a common disease, but many people don't know the chronic prostatitis symptoms and how to treat it.

What are the chronic prostatitis symptoms?

Chronic prostatitis/chronic pelvic pain syndrome (CP/CPPS) is characterised by pelvic or perineal pain without evidence of urinary tract infection, lasting longer than 3 months, as the key symptom. Symptoms may wax and wane. Pain can range from mild discomfort to debilitating. Pain may radiate to back and rectum, making sitting difficult. Dysuria, arthralgia, myalgia, unexplained fatigue, abdominal pain, constant burning pain in the penis, and frequency may all be present. Frequent urination and increased urgency may suggest interstitial cystitis (inflammation centred in bladder rather than prostate). Post-ejaculatory pain, mediated by nerves and muscles, is a hallmark of the condition, and serves to distinguish CP/CPPS patients from men with BPH or normal men. Some patients report low libido, sexual dysfunction and erectile difficulties.

Chronic prostatitis is usually caused by a chronic bacterial infection of the prostate gland. It may occur with or follow Epididymitis, Acute prostatitis, Urethritis, Urinary tract infection that often returns (is recurrent). The causes of nonbacterial prostatitis are not well described or understood in western medical system.

How to treat chronic prostatitis symptoms?

Traditional Chinese medicine, Diuretic and Anti-inflammatory Pill can help treat chronic prostatitis symptoms effectively. Diuretic and Anti-inflammatory Pill is a pure traditional Chinese herbal formula, which will not develop drug resistance and can be taken oral for a long term. Diuretic and Anti-inflammatory Pill can promote blood circulation and removing blood stasis. In the treatment of chronic prostatitis, the curative effect of the pill is working for the whole organizational system. Diuretic and Anti-inflammatory Pill could not only kill off bacteria, but also adjust the function of prostate and improve the environment of prostate tissue to make it back to normal. Therefore, Diuretic and Anti-inflammatory Pill can clear away heat and diminish inflammation for treating chronic prostatitis symptoms.

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How to cure nonbacterial prostatitis

Can sexual dysfunction be caused by acute prostatitis

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